

USAPL 2009 New England Open Powerlifting & Bench Press Championships

Location: Brighton High School, Brighton, MA
Date: May 30, 2009
Meet Director: Mike Zawilinski
Co Meet Director: Eric Cordeiro

Name	Age	Body Weight	Squat	Bench	Deadlift	Total	Wilks Score
Women's Open 148 Raw							
Shaina Petit	19 Yr.	135.6	203.9	159.8	264.6	628.3	311.7615
Gina Melnik	31 Yr.	143.3	231.5	126.8	231.5	589.7	280.63425
Women's Open 165 Raw							
Jessica Scofield	26 Yr.	159.2	281.1	154.3	363.8	799.2	353.1475
Women's Teen III 18-19 Raw							
Shaina Petit	19 Yr.	135.6	203.9	159.8	264.6	628.3	311.7615
Women's Junior 20-23 Raw							
Diana Berstein	23 Yr.	127.9	165.3	88.2	226.0	479.5	248.97225
Women's Masters II 45-49 Raw							
Nona Hubbard	47 Yr.	146.4	220.5	132.3	275.6	628.3	294.348
Women's Open 148							
Lori Steele	35 Yr.	144.6	314.2	242.5	314.2	870.8	411.59
Women's Open 165							
Jessica Scofield	26 Yr.	159.2	281.1	154.3	363.8	799.2	353.1475
Deb Mason	52 Yr.	162.7	237.0	132.3	275.6	644.8	280.917
Women's Masters II 45-49							
Theresa Michaels-Ward	46 Yr.	118.4	192.9	110.2	253.5	556.7	307.01475
Women's Grand Masters 50-69							
Deb Mason	52 Yr.	162.7	237.0	132.3	275.6	644.8	280.917

USAPL 2009 New England Open Powerlifting & Bench Press Championships

Location: Brighton High School, Brighton, MA
Date: May 30, 2009
Meet Director: Mike Zawilinski
Co Meet Director: Eric Cordeiro

Name	Age	Body Weight	Squat	Bench	Deadlift	Total	Wilks Score
Men's Open 165 Raw							
Samuel Gladstone	17 Yr.	159.0	319.7	242.5	429.9	992.1	329.85
Men's Open 220 Raw							
Mo Murray	23 Yr.	219.6	435.4	314.2	485.0	1234.6	341.376
Men's Open 275 Raw							
Peter West	29 Yr.	234.6	540.1	369.3	600.8	1510.2	407.438
Men's Teen II 16-17 Raw							
Samuel Gladstone	17 Yr.	159.0	319.7	242.5	429.9	992.1	329.85
David Elentukh	16 Yr.	181.9	303.1		402.3		
Men's Teen III 18-19 Raw							
Michael Srokowski	19 Yr.	171.1	380.3	275.6	545.6	1201.5	379.4835
Alex Sandberg-Bernard	19 Yr.	165.3	270.1	226.0	341.7	837.7	270.788
Men's Junior 20-23 Raw							
Brendan Stote	22 Yr.	281.1	606.3	451.9	617.3	1675.5	431.376
Geoffrey Marston	22 Yr.	215.2	440.9	242.5	485.0	1168.4	325.791
Tyler Banville	22 Yr.	193.6	369.3	270.1	440.9	1080.3	316.883
Men's Master I 40-44 Raw							
Gene Rendino	43 Yr.	195.2	440.9	226.0	451.9	1118.8	326.83
Men's Grand Masters 50-69 Raw							
Larry Emerson	61 Yr.	178.8	374.8	226.0	490.5	1091.3	335.0655
Men's Super Grand Masters 70+ Raw							
Peter Hubbard	71 Yr.	175.8	154.3	231.5	303.1	688.9	213.84375

USAPL 2009 New England Open Powerlifting & Bench Press Championships

Location: Brighton High School, Brighton, MA
Date: May 30, 2009
Meet Director: Mike Zawilinski
Co Meet Director: Eric Cordeiro

Name	Age	Body Weight	Squat	Bench	Deadlift	Total	Wilks Score
Men's Open 148							
Jeffrey Hadad	43 Yr.	147.4	396.8	369.3	396.8	1162.9	409.6565
Men's Open 165							
Eric Cordeiro	34 Yr.	164.9	446.4	264.6	446.4	1157.4	374.7975
Men's Open 181							
Joseph Ascani	44 Yr.	181.7	529.1	281.1	573.2	1383.4	420.676
Steven Ritucci	30 Yr.	178.8	501.5	402.3	463.0	1366.9	419.678
Edward (Edju) Gasinowski	37 Yr.	177.5	512.6	325.2	512.6	1350.3	416.5
Andrew Poland	25 Yr.	177.0	457.5	319.7	463.0	1240.1	383.11875
Men's Open 198							
Doug Emar	25 Yr.	191.1	451.9	347.2	457.5	1256.6	371.127
Kevin Mears	24 Yr.	190.7	347.2	248.0	474.0	1069.2	316.1715
Men's Open 220							
Kevin Rossi	48 Yr.	211.6	545.6	463.0	523.6	1532.2	430.275
Men's Open 242							
Matthew Brith	34 Yr.	225.8	352.7	253.5	463.0	1069.2	292.455
Thomas Kerrigan	59 Yr.	233.8	336.2	275.6	358.2	970.0	261.976
Men's Open 275							
Corey Thomas	22 Yr.	268.5	727.5	490.5	617.3	1835.3	477.0225

USAPL 2009 New England Open Powerlifting & Bench Press Championships

Location: Brighton High School, Brighton, MA
Date: May 30, 2009
Meet Director: Mike Zawilinski
Co Meet Director: Eric Cordeiro

Name	Age	Body Weight	Squat	Bench	Deadlift	Total	Wilks Score
Men's Teen II 16-17							
Ryan Moore	17 Yr.	232.6	600.8	336.2	584.2	1521.2	411.654
Lee Keaffer	17 Yr.	177.0	463.0	303.1	451.9	1218.0	376.30775
Robert Chisholm	16 Yr.	188.7	369.3	242.5	396.8	1008.6	299.98275
Joseph Cassaro	17 Yr.	165.3	303.1	192.9	314.2	810.2	261.8805
Men's Teen III 18-19							
Luis D. Acevedo	18 Yr.	144.0	297.6	203.9	314.2	815.7	293.114
Men's Junior 20-23							
Adam Matson	21 Yr.	147.9	429.9	264.6	463.0	1157.4	406.7175
Edward Minelli	20 Yr.	213.6	418.9	319.7	600.8	1339.3	374.5845
Dan Atkinson	20 Yr.	209.7	413.4	275.6	567.7	1256.6	354.369
Men's Sub Masters 35-39							
Thomas West	38 Yr.	270.6	463.0	440.9	523.6	1427.5	370.43475
Fred MacKinnon	39 Yr.	222.4	---	270.1	429.9	---	---
Men's Masters I 40-44							
Joseph Ascani	44 Yr.	181.7	529.1	281.1	573.2	1383.4	420.676
Jeffrey Hadad	43 Yr.	147.4	396.8	369.3	396.8	1162.9	409.6565
Dave Fusco	43 Yr.	178.6	380.3	275.6	501.5	1157.4	355.635
Michael Wadsworth	42 Yr.	166.4	341.7	226.0	358.2	925.9	297.906
Men's Masters II 45-49							
Kevin Rossi	48 Yr.	211.6	545.6	463.0	523.6	1532.2	430.275
Kevin Manning	47 Yr.	166.4	446.4	358.2	463.0	1267.6	407.8475
Brian Shaughnessy	45 Yr.	211.4	---	248.0	380.3	---	---
Men's Grand Masters 50-69							
Paul Mears	56 Yr.	148.4	391.3	214.9	440.9	1047.2	367.1275
Kevin Conroy	59 Yr.	189.0	374.8	303.1	402.3	1080.3	321.097
Thomas Kerrigan	59 Yr.	233.8	336.2	275.6	358.2	970.0	261.976
Jeffrey Burke	55 Yr.	190.9	325.2	---	---	---	---

USAPL 2009 New England Open Powerlifting & Bench Press Championships

Location: Brighton High School, Brighton, MA
Date: May 30, 2009
Meet Director: Mike Zawilinski
Co Meet Director: Eric Cordeiro

Name	Age	Body Weight	Squat	Bench	Deadlift	Total	Wilks Score
Women's Teen III 18-19 Raw Bench							
Shaina Petit	19 Yr.	135.6		159.8		159.8	79.30775
Women's Open 148 Raw Bench							
Shaina Petit	19 Yr.	135.6		159.8		159.8	79.30775
Women's Open 148 Bench							
Lori Steele	35 Yr.	144.6		242.5		242.5	114.62
Men's Open 220 Raw Bench							
Mo Murray	23 Yr.	219.6		314.2		314.2	86.868
Men's Teen III 18-19 Raw Bench							
Michael Srokowski	19 Yr.	171.1		275.6		275.6	87.0375
Men's Grand Masters 50-69 Raw Bench							
John Coutinho	51 Yr.	196.4		303.1		303.1	88.23375
Charlie Cocci	52 Yr.	265.0		253.5		253.5	66.0905
Men's Super Grand Masters 70+ Raw Bench							
Peter Hubbard	71 Yr.	175.8		231.5		231.5	71.8515
Men's Open 275 Bench							
Corey Thomas	22 Yr.	268.5		490.5		490.5	127.4925
Men's Open SHW Bench							
Joe Cappellino	20 Yr.	332.7		---		---	---

Best Lifters:

Best Female Lifter- Lori Steele
Best Male Raw Lifter- Brendan Stote
Best Male Lifter- Corey Thomas

Team Places:

1st Iron Revolution
2nd Next Level
3rd Power Fit
4th Xaverian