

North American Powerlifting Federation
10th Annual IPF/NAPF North American Regional Powerlifting Championships
Cayman Islands, Georgetown, Grand Cayman, 24-28.07.2012
Nominations on 16th of July 2012

Name/Firstname/B.Year	Nation	Squat	Bench press	Dead lift	Sum	Total
Open						
- 59 kg						
1 Cancel Iván /82	Puerto Rico	215.0	147.5	215.0	577.5	577.5
2 Hu Ricky /93	United States of America	117.5	107.5	140.0	365.0	365.0
- 66 kg						
1 Mejia Oscar /64	Mexico	180.0	110.0	210.0	500.0	500.0
2 Mc Laughlin Zared /92	Cayman Island	100.0	50.0	100.0	250.0	250.0
- 74 kg						
1 Laboy Isaac /89	Puerto Rico	197.5	130.0	232.5	560.0	560.0
2 Welcome Jameal /93	Cayman Island	145.0	62.5	170.0	377.5	377.5
- 83 kg						
1 Conway Brooks /90	United States of America	305.0	205.0	297.5	807.5	807.5
2 Thibeaux Joshua /88	United States of America	267.5	200.0	247.5	715.0	715.0
3 Thomas Anis Ade /89	Guyana	252.5	127.5	292.5	672.5	672.5
4 Donastorg Lorenzo /85	United States Virgin Island	185.0	140.0	207.5	532.5	532.5
5 Kendall Mark /87	British Virgin Island	192.5	147.5	192.5	532.5	532.5
6 Reid Tony /71	Cayman Island	177.5	130.0	215.0	522.5	522.5
7 Walker Ronald /59	United States Virgin Island	135.0	130.0	187.5	452.5	452.5
- 93 kg						
1 Jones Greg /61	United States of America	310.0	212.5	282.5	805.0	805.0
2 Lora Claudio /53	Dominican Republic	260.0	175.0	240.0	675.0	675.0
3 Gaskin Alex /94	United States Virgin Island	250.0	145.0	250.0	645.0	645.0
4 McInerney Tony /72	Cayman Island	225.0	145.0	272.5	642.5	642.5
5 Greenidge Laurie /48	Canada	222.5	140.0	215.0	577.5	577.5
- 105 kg						
1 Douglas Jeff /63	United States of America	380.0	245.0	332.5	957.5	957.5
2 Vickery Chris /91	United States of America	350.0	235.0	287.5	872.5	872.5
3 Brown Adrian /75	Trinidad and Tobago	310.0	177.5	310.0	797.5	797.5
4 Gonzalez Antonio /71	Puerto Rico	295.0	200.0	280.0	775.0	775.0
5 Hadaway Don /83	British Virgin Island	185.0	137.5	200.0	522.5	522.5
6 Timothy Jamar /97	Cayman Island	75.0	65.0	85.0	225.0	225.0
- 120 kg						
1 Weite Nick /79	United States of America	390.0	272.5	375.0	1037.5	1037.5
2 Rivera Carlos /82	Puerto Rico	337.5	230.0	285.0	852.5	852.5
3 Farnum Anthony /68	Trinidad and Tobago	317.5	150.0	287.5	755.0	755.0
4 Reeve Shevon /79	British Virgin Island	265.0	190.0	272.5	727.5	727.5
5 Bodden Alexander /94	Cayman Island	152.5	95.0	170.0	417.5	417.5
120+ kg						
1 Schouten William /75	United States Virgin Island	395.0	232.5	320.0	947.5	947.5
2 Zawilinski Mike /80	United States of America	342.5	325.0	250.0	917.5	917.5
3 Commissiong Kerron /84	Trinidad and Tobago	357.5	230.0	320.0	907.5	907.5
4 Martin Sheah /91	Trinidad and Tobago	320.0	182.5	260.0	762.5	762.5
5 Hernandez Ruben /69	Mexico	235.0	170.0	250.0	655.0	655.0
6 Williams Cliff /73	British Virgin Island	190.0	190.0	190.0	570.0	570.0
7 Watson Sean /85	Cayman Island	180.0	160.0	180.0	520.0	520.0

8 Joseph Elbert /95	United States Virgin Island	185.0	107.5	182.5	475.0	475.0
9 Geary James /90	Cayman Island	107.5	107.5	200.0	415.0	415.0

In the Competitions were participating 42 lifters

Subjuniors

1 Gaskin Alex /94	United States Virgin Island	250.0	145.0	250.0	645.0	645.0
2 Joseph Elbert /95	United States Virgin Island	185.0	107.5	182.5	475.0	475.0
3 Bodden Alexander /94	Cayman Island	152.5	95.0	170.0	417.5	417.5
4 Timothy Jamar /97	Cayman Island	75.0	65.0	85.0	225.0	225.0

In the Competitions were participating 4 lifters

Juniors A (Up to 74kg)

1 Laboy Isaac /89	Puerto Rico	197.5	130.0	232.5	560.0	560.0
2 Welcome Jameal /93	Cayman Island	145.0	62.5	170.0	377.5	377.5
3 Hu Ricky /93	United States of America	117.5	107.5	140.0	365.0	365.0
4 Mc Laughlin Zared /92	Cayman Island	100.0	50.0	100.0	250.0	250.0
5 Mclaughlin Jonathon /91	Cayman Island	60.0	60.0	120.0	240.0	240.0

Juniors B (83kg to 93kg)

1 Conway Brooks /90	United States of America	305.0	205.0	297.5	807.5	807.5
2 Thomas Anis Ade /89	Guyana	252.5	127.5	292.5	672.5	672.5
3 Ebanks Matthew /93	Cayman Island	65.0	50.0	100.0	215.0	215.0

Juniors C (105kg to 120+ kg)

1 Vickery Chris /91	United States of America	350.0	235.0	287.5	872.5	872.5
2 Martin Sheah /91	Trinidad and Tobago	320.0	182.5	260.0	762.5	762.5
3 Geary James /90	Cayman Island	107.5	107.5	200.0	415.0	415.0

In the Competitions were participating 11 lifters

Masters 1 A (Up to 93Kg)

1 McInerney Tony /72	Cayman Island	225.0	145.0	272.5	642.5	642.5
2 Thompson Donovan /66	United States of America	215.0	162.5	235.0	612.5	612.5
3 Johnson Rick /63	United States of America	210.0	120.0	245.0	575.0	575.0
4 Reid Tony /71	Cayman Island	177.5	130.0	215.0	522.5	522.5
5 Mejia Oscar /64	Mexico	180.0	110.0	210.0	500.0	500.0

Masters 1 B (105Kg)

1 Douglas Jeff /63	United States of America	380.0	245.0	332.5	957.5	957.5
2 Gonzalez Antonio /71	Puerto Rico	295.0	200.0	280.0	775.0	775.0
3 Anderson Tim /72	United States of America	200.0	297.5	200.0	697.5	697.5
4 Cieri Dennis /68	United States of America	100.0	290.0	200.0	590.0	590.0

Masters 1 C (120Kg to 120+ Kg)

1 Martin Henderson /65	Trinidad and Tobago	352.5	220.0	272.5	845.0	845.0
2 Farnum Anthony /68	Trinidad and Tobago	317.5	150.0	287.5	755.0	755.0
3 Hernandez Ruben /69	Mexico	235.0	170.0	250.0	655.0	255.0
4 Richards Naval /67	British Virgin Island	185.0	165.0	190.0	540.0	540.0

In the Competitions were participating 13 lifters

Masters 2 A (Up to 93 Kg)

1 Jones Greg /61	United States of America	310.0	212.5	282.5	805.0	805.0
2 Lora Claudio /53	Dominican Republic	260.0	175.0	240.0	675.0	675.0

3 Cencich Thomas /60	United States of America	215.0	205.0	207.5	627.5	627.5
4 Clayton Bill /53	United States of America	182.5	102.5	202.5	487.5	487.5
5 Walker Ronald /59	United States Virgin Island	135.0	130.0	187.5	452.5	452.5

Masters 2 B (105 Kg to 120+ Kg)

1 Currence Doug /59	United States of America	310.0	217.5	292.5	820.0	820.0
2 Wainwright Curtis /54	United States of America	262.5	190.0	245.0	697.5	697.5
3 Johnson Steve /61	United States of America	242.5	192.5	260.0	695.0	695.0

In the Competitions were participating 8 lifters

Masters 3 A (Up to 93 Kg)

1 Greenidge Laurie /48	Canada	222.5	140.0	215.0	577.5	577.5
2 Martin Dan /40	United States of America	182.5	60.0	200.0	442.5	442.5
3 O'Keefe Thomas /35	United States of America	135.0	117.5	160.0	412.5	412.5

Masters 3 B (105 Kg to 120 Kg)

1 Sindelar Bill /51	United States of America	252.5	195.0	257.5	705.0	705.0
2 Givens Floyd /51	United States of America	250.0	175.0	275.0	700.0	700.0
3 Helmich Bill /42	United States of America	205.0	147.5	250.0	602.5	602.5

In the Competitions were participating 6 lifters

Male RAW A (Up to 83 Kg)

1 Thompson Donovan /66	United States of America	215.0	162.5	235.0	612.5	612.5
2 Kendall Mark /87	British Virgin Island	192.5	147.5	192.5	532.5	532.5
3 Clayton Bill /53	United States of America	182.5	102.5	202.5	487.5	487.5

Male RAW B (93 Kg to 105 Kg)

1 Anderson Tim /72	United States of America	200.0	297.5	200.0	697.5	697.5
2 Cieri Dennis /68	United States of America	100.0	290.0	200.0	590.0	590.0
3 Hadaway Don /83	British Virgin Island	185.0	137.5	200.0	522.5	522.5
4 Gibson Kevin /78	Cayman Island	90.0	110.0	135.0	335.0	335.0

Male RAW C (120 Kg to 120+ Kg)

1 Reeve Shevon /79	British Virgin Island	265.0	190.0	272.5	727.5	727.5
2 Williams Cliff /73	British Virgin Island	190.0	190.0	190.0	570.0	570.0

In the Competitions were participating 9 lifters