

12/8/2012

Massachusetts State Championships

Director: Michael Zawilinski

Holiday Inn, Rockland, MA

Powerlifting Results Name	State	Div	Bwt (kg)	WtCls (kg)	Iot#	Wilks Coeff	Age	Squat			Bench			Deadlift			(1) PL Total	(2) Wilks Pts	PI Code	PI-Div- WtCls- Evt
								1	2	3	1	2	3	1	2	3				
Christine Marcotte	MA	FR-T2	61.9	67.5	16	1.088400006	16	55	62.5	67.5	37.5	-45	-45	85	95	105	210	228.564	2	1-FR-T2-PL
Molly Kelly	MA	FR-T3	60	60	11	1.114899993	20	87.5	95	-400	42.5	47.5	52.5	95	102.5	107.5	255	284.299	2	1-FR-T3-PL
Tessa Urbank	MA	FR-T3	72.7	75	24	0.969799995	19	92.5	105	-440	-50	-50	-50	137.5	142.5	-447.5	0	0.000	2	
Monet Bland	MA	FR-J	79.4	82.5	26	0.918900013	21	80	90	97.5	55	60	65	110	130	152.5	315.000	289.454	2	1-FR-J-PL
Vikky Park	MA	FR-J	106.8	90+	32	0.818400025	22	105	112.5	117.5	60	65	-70	100	115	132.5	315	257.796	2	2-FR-J-PL
Jill Arnow	WA	FR-M2	89.4	90	29	0.866500002	53	125	137.5	-442.5	72.5	77.5	82.5	160	170	-175	390	337.935	2	1-FR-M2-PL
Joanne Craig	PA	FR-M2	60.9	67.5	13	1.102100015	52	-92.5	-92.5	-102.5	-45	50	-52.5	97.5	102.5	107.5	0	0.000	2	
Alex Nedell	MA	F-T2	60	60	20	1.114899993	15	92.5	105	120	47.5	52.5	-57.5	92.5	-408	-420	265	295.448	2	1-F-T2-PL
Caitlin D'amore	MA	F-T2	50.4	52	4	1.276900053	17	47.5	77.5	-87.5	-40	40	-42.5	82.5	97.5	110	227.5	290.495	2	2-F-T2-PL
Emily Liebert	MA	F-J	50.9	52	3	1.267300001	20	107.5	-447.5	117.5	77.5	-82.5	85	105	115	-420	317.5	402.368	2	1-F-J-PL
Daria Capone	MA	F-J	53.3	56	7	1.223000005	20	65	70	-72.5	40	42.5	-45	90	97.5	105	217.500	266.003	2	2-F-J-PL
Karen Blessington	MA	F-M2	54.7	56	8	1.198500037	52	72.5	-82.5	82.5	57.5	62.5	67.5	112.5	122.5	130	280	335.580	2	1-F-M2-PL
Kimberly Martin	MA	FR-O	54.2	56	6	1.207100034	23	70	75	-80	52.5	55	-57.5	90	105	110	240	289.704	1	1-FR-O-56-PL
Joy Reynold	VT	FR-O	58.9	60	12	1.131000042	28	92.5	107.5	-445	47.5	55	-57.5	102.5	115	-420	277.5	313.853	1	1-FR-O-60-PL
Joanne Craig	PA	FR-O	60.9	67.5	13	1.102100015	52	-92.5	-92.5	-102.5	-45	50	-52.5	97.5	102.5	107.5	0	0.000	1	
Emily Liebert	MA	F-O	50.9	52	3	1.267300001	20	107.5	-447.5	117.5	77.5	-82.5	85	105	115	-420	317.5	402.368	1	1-F-O-52-PL
Caitlin D'amore	MA	F-O	50.4	52	4	1.276900053	17	47.5	77.5	-87.5	-40	40	-42.5	82.5	97.5	110	227.5	290.495	1	2-F-O-52-PL
Alex Nedell	MA	F-O	60	60	20	1.114899993	15	92.5	105	120	47.5	52.5	-57.5	92.5	-408	-420	265	295.448	1	1-F-O-60-PL
Keri Zamagni	MA	F-O	105.3	90+	33	0.821200013	31	145	155	162.5	-87.5	87.5	92.5	130	140	-450	395	324.374	1	1-F-O-90+-PL
Christina Bivona	MA	F-O	99.3	90+	34	0.834299982	20	-80	-80	92.5	55	-62.5	-62.5	110	130	-445	277.5	231.518	1	2-F-O-90+-PL
Samuel Belinsky	MA	MR-SO	113	125	115	0.583899975	18	132.5	155	170	130	-140	140	180	200	210	520	303.628		1-MR-SO-125-PL
John Murphy	MA	MR-T1L	62.4	67.5	41	0.823499978	14	65	-70	-70	-40	-40	-40	80	92.5	100	0	0.000	2	
Jonathan Siryk	MA	MR-T1H	82.5	82.5	68	0.6699	14	120	130	-440	82.5	87.5	92.5	125	135	145	367.5	246.188	2	1-MR-T1-PL
Peter Blain	MA	MR-T2L	66.2	67.5	40	0.783200026	17	-445	117.5	125	85	90	92.5	127.5	140	150	367.5	287.826	2	1-MR-T2-PL
Jack Anastasi	MA	MR-T2H	88.8	90	81	0.642799973	17	177.5	185	187.5	120	125	-435	182.5	190	-492.5	502.5	323.007	2	1-MR-T2-PL
Brendan Macdonald	MA	MR-T2H	79.8	82.5	65	0.683799982	17	142.5	-447.5	-447.5	102.5	105	-440	142.5	150	160	407.5	278.648	2	2-MR-T2-PL

Powerlifting Results Name	State	Div	Bwt (kg)	WtCls (kg)	Iot#	Wilks Coeff	Age	Squat			Bench			Deadlift			(1) PL Total	(2) Wilks Pts	PI Code	PI-Div- WtCls- Evt
								1	2	3	1	2	3	1	2	3				
David Apotheke	MA	MR-T3	79.8	82.5	61	0.683799982	19	172.5	177.5	190	-107.5	-115	-115	195	217.5	235	0	0.000	2	
Samuel Belinsky	MA	MR-T3	113	125	115	0.583899975	18	132.5	155	170	130	-140	140	180	200	210	520	303.628	2	1-MR-T3-PL
Edward Ho	MA	MR-JL	73.6	75	45	0.722100019	21	-155	157.5	-165	85	92.5	-97.5	202.5	-213	-215	452.5	326.750	2	1-MR-J-PL
William Buckley	MA	MR-JH	89	90	83	0.642099977	20	150	167.5	-177.5	87.5	95	-400	192.5	210	220	482.5	309.813	2	1-MR-J-PL
Patrick Williams	MA	MR-JH	89.2	90	75	0.641300023	22	130	140	147.5	102.5	-112.5	112.5	167.5	177.5	190	450	288.585	2	2-MR-J-PL
Kornelijus Barsauskas	MA	MR-JH	79.2	82.5	66	0.687099993	21	110	122.5	135	100	-112.5	-112.5	140	162.5	182.5	417.5	286.864	2	3-MR-J-PL
Anthony Salvucci	MA	MR-SM	114.4	125	112	0.581900001	35	145	157.5	182.5	115	127.5	145	155	185	205	532.5	309.862	2	1-MR-SM-PL
Jefferson Lett	MA	MR-M2	106	110	102	0.595600009	51	-215	215	235	137.5	147.5	-152.5	235	255	272.5	655	390.118	2	1-MR-M2-PL
Simon Rowland	RI	MR-M2	120.2	125	114	0.574699998	50	185	-195	-195	140	147.5	155	225	240	-250	580	333.326	2	2-MR-M2-PL
Jake Wetherell	MA	M-T2	83.6	90	79	0.664699972	16	125	137.5	-150	67.5	75	85	117.5	130	140	362.5	240.954	2	1-M-T2-PL
Dwayne Nicholson	MA	M-T3	71.4	75	40	0.738300025	17	125	192.5	-205	95	-107.5	107.5	187.5	202.5	210	510	376.533	2	1-M-T3-PL
Andrew Mastone	MA	M-J	109	110	103	0.590200007	22	270	285	300	-195	195	-212.5	260	275	-285	770	454.454	2	1-M-J-PL
James Marcotte	MA	M-J	82	82.5	58	0.672399998	21	240	-255	-255	180	190	-195	205	225	-240	655	440.422	2	2-M-J-PL
George Sousa	MA	M-SM	89.6	90	78	0.639800012	39	167.5	-182.5	-182.5	140	150	-155	195	200	205	522.5	334.296	2	1-M-SM-PL
Tom West	NY	M-M1	133	125+	113	0.563399971	41	210	235	237.5	207.5	-227.5	-235	230	255	0	700	394.380	2	1-M-M1-PL
Frank Jusszynski	MA	M-M1	90	90	93	0.638400018	42	185	195	-200	130	-135	-135	230	235	-240	560	357.504	2	2-M-M1-PL
Michael Wadsworth	MA	M-M1	79.5	82.5	56	0.685400009	46	180	185	192.5	100	-105	-105	185	192.5	205	497.5	340.987	2	3-M-M1-PL
Joe Rizza	MA	M-M3	79.2	82.5	60	0.687099993	63	175	-190	197.5	72.5	77.5	-82.5	175	-190	-190	450	309.195	2	1-M-M3-PL
Vincent Cipriano	MA	MR-O	74.2	75	47	0.717899978	23	192.5	-202.5	-202.5	-122.5	122.5	-137.5	210	-215	-215	525	376.897	1	1-MR-O-75-PL
Justin Poitras	MA	MR-O	73.6	75	48	0.722100019	26	135	147.5	0	-115	-122.5	-122.5	-183	182.5	197.5	0	0.000	1	
Derek Williamson	MA	MR-O	80.6	82.5	63	0.679499984	25	125	140	152.5	122.5	-130	135	200	217.5	227.5	515	349.942	1	1-MR-O-82.5-PL
Steve Beaupre	ME	MR-O	87.4	90	57	0.648299992	38	227.5	242.5	250	152.5	162.5	170	247.5	260	-272.5	680	440.844	1	1-MR-O-90-PL
Paul Cardente	RI	MR-O	89.6	90	80	0.639800012	28	170	180	0	120	127.5	-130	215	227.5	237.5	545	348.691	1	2-MR-O-90-PL
Jason Muccino	RI	MR-O	86	90	55	0.653999984	25	155	170	-180	125	142.5	-150	200	215	-227.5	527.5	344.985	1	3-MR-O-90-PL
Mike Galante	MA	MR-O	97.2	100	91	0.615800023	38	160	182.5	205	125	137.5	0	205	227.5	250	592.5	364.862	1	1-MR-O-100-PL
Daniel Reid	MA	MR-O	110	110	101	0.588500023	24	-215	227.5	247.5	125	142.5	-152.5	262.5	280	295	685	403.123	1	1-MR-O-110-PL
Jefferson Lett	MA	MR-O	106	110	102	0.595600009	51	-215	215	235	137.5	147.5	-152.5	235	255	272.5	655	390.118	1	2-MR-O-110-PL
Ed Minelli	MA	MR-O	109.8	110	104	0.588800013	24	217.5	237.5	0	140	155	0	260	-295	-295	652.5	384.192	1	3-MR-O-110-PL

Powerlifting Results Name	State	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff	Age	Squat			Bench			Deadlift			(1) PL Total	(2) Wilks Pts	PI Code	PI-Div- WtCls- Evt
								1	2	3	1	2	3	1	2	3				
Ryan Gillan	MA	MR-O	122.2	125	20	0.572600007	24	155	212.5	225	152.5	-165	-165	252.5	-275	-275	630	360.738	1	1-MR-O-125-PL
Michael Meloski	MA	MR-O	116.4	125	110	0.579200029	33	165	185	205	-125	140	-160	185	205	220	565	327.248	1	2-MR-O-125-PL
Dwayne Nicholson	MA	M-O	71.4	75	40	0.738300025	17	125	192.5	-205	95	-107.5	107.5	187.5	202.5	210	510	376.533	1	1-M-O-75-PL
James Marcotte	MA	M-O	82	82.5	58	0.672399998	21	240	-255	-255	180	190	-195	205	225	-240	655	440.422	1	1-M-O-82.5-PL
John Ambrose	MA	M-O	88.4	90	82	0.644400001	31	175	185	197.5	125	135	-142.5	225	235	242.5	575	370.530	1	1-M-O-90-PL
Andrew Mastone	MA	M-O	109	110	103	0.590200007	22	270	285	300	-195	195	-212.5	260	275	-285	770	454.454	1	1-M-O-110-PL
Jamal Alkattan	MA	M-O	104	110	94	0.599600017	21	175	190	205	102.5	112.5	-120	210	227.5	242.5	560	335.776	1	2-M-O-110-PL
Stephen King	NH	M-O	128.6	125+	121	0.566699982	20	285	-305	-305	220	230	-240	227.5	247.5	272.5	787.5	446.276	1	1-M-O-125+-PL
Powerlifting Results Name	State	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff	Age	Squat			Bench			Deadlift			(1) PP Total	(2) Wilks Pts	PI Code	PI-Div- WtCls- Evt
								1	2	3	1	2	3	1	2	3				
Nona Hubbard	MA	F-M2	69	75	19	1.004799962	50				62.5	-82.5	-87.5	-125	127.5	-137.5	190	190.912	2	1-F-M2-PP
Nicholas Lee	ME	MR-J	87.2	90	77	0.649100006	22				160	170	-175	215	227.5	-240	397.5	258.017	2	1-MR-J-PP
Charlie Cocci	MA	MR-M2	112.4	125	116	0.584699988	56				115	117.5	0	192.5	210	0	327.5	191.489	2	1-MR-M2-PP
Ravy Phoun	MA	MR-O	74.5	75	2	0.715900004	29				132.5	150	152.5	212.5	232.5	235	387.5	277.411	1	1-MR-O-75-PP
Powerlifting Results Name	State	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff	Age	Squat			Bench			Deadlift			(1) Best BP	(2) Wilks Pts	PI Code	PI-Div- WtCls- Evt
								1	2	3	1	2	3	1	2	3				
Nicholas Lee	ME	MR-J	87.2	90	77	0.649100006	22				160	170	-175				170	110.347	2	1-MR-J-BP
Andrew Elsing	RI	MR-O	99.2	100	92	0.610599995	30				145	152.5	157.5				157.5	96.169	1	1-MR-O-100-BP
Powerlifting Results Name	State	Div	Bwt (kg)	WtCls (kg)	lot#	Wilks Coeff	Age	Squat			Bench			Deadlift			(1) Best DL	(2) Wilks Pts	PI Code	PI-Div- WtCls- Evt
								1	2	3	1	2	3	1	2	3				
Estaban Ruebens	NH	MR-SM	98	100	1	0.613600016	40							215	222.5	-230	222.5	136.526	2	1-MR-SM-DL
Francis Impastato	NH	MR-O	86	90	59	0.653999984	24							167.5	170	-175	170	111.180	1	1-MR-O-90-DL