



Boston Open Amateur Powerlifting Championship Boston Pro Summer Slam Invitational

Sanctioned By: USA Powerlifting (USAPL) Sanction # MA-2013-02

Meet Directors: Michael Zawilinski, Luis Jaimes

Date, Time, Place: Sunday, August 4, 2013 starting at 10:00 a.m. at Wonderland Ballroom, 1290 N Shore Rd, Revere, MA 02151

Eligibility:

- Must be a registered USAPL Member (Please purchase membership card from <http://usapowerlifting.com/forms/membership.shtml> in advance. Cards will be sold at the meet for cash or check only!!!!
- No qualifying totals required for Boston Open.
- National or international championship experience required for Boston Pro Summer Slam without an invitation

Uniforms: One piece lifting suits are mandatory for all contestants! Non supportive briefs without legs are also required for competition and weigh-ins. ALL equipment must conform to USAPL standards. Supportive suits, shirts, and wraps must be manufactured by Inzer, Titan, or Metal. For further clarification please visit www.usapowerlifting.com/committees/technical or contact the meet directors.

Weight Classes:

Men: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 275+

Women: 97, 105, 114, 123, 132, 148, 165, 181, 198, 198+

Championship Awards:

The following awards will be presented at the competition:

1. Awards will be presented to 1st – 3rd place finishers for each open weight class both Raw and Equipped.
2. Awards will be presented to 1st – 3rd place finishers for each division, based on Wilks both Raw and Equipped.
3. Champion of Champion award to the best overall men/women's lifters – both Raw and Equipped.

Technical Rules:

This competition is sanctioned by USA Powerlifting and all USAPL/IPF Technical rules will be followed. The Technical rules can be viewed here: www.usapowerlifting.com/committees/technical

Championship Website:

All official announcements and updates will be made on this website. It will be important that you review this site on a regular basis: www.Mass-Lift.com

Drug Testing: There will be a urinalysis test given and a release form to be signed by each and every contestant competing. Failure to submit to and/or passing the drug test will result in **DISQUALIFICATION**.

Admission for spectators and personal coaches: \$5.00 at the door.



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Official Qualifier for:

2013 Bench Press Nationals, Atlanta, GA
2013 Deadlift/Push-Pull Nationals, Ft. Lauderdale, FL
2014 Military/Armed Forces Nationals, Fort Hood, TX
2014 Collegiate Nationals, Orlando, FL
2014 High School Nationals, Killeen, TX
2014 Masters Nationals, Killeen, TX
2014 Women's Nationals, Baton Rouge, LA
2014 Teen/Junior/Men's Nationals, Philadelphia, PA
2014 Raw Nationals, Aurora, CO
2014 Bench Press Nationals, San Antonio, TX
2014 Deadlift/Push-Pull Nationals, Ft. Lauderdale, FL

Qualifying totals must be achieved, for more information please review www.usapowerlifting.com

PRILIMINARY TIME TABLE:

Any updates or changes will be posted on www.mass-lift.com

Sunday: August 4, 2013

Session I

8:00 to 9:30 am – Weigh-in/Equipment check for ALL Amateur lifters.

9:30 to 10:00 am – Rules briefing and/lifter warm-up

10:00am to 3:00 pm – Competition Lifting

Session II (Pro Summer Slam)

1:00 pm – Weigh-in/Equipment check for All Pro lifters

3:00 to 4:00 pm – Competition lifting

7:00 to 8:00 pm – Awards presentation / Drug-testing protocol



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Name _____ E-mail: _____
(Please print E-mail clearly)

Address: _____ City: _____ State: _____ Zip Code: _____

Cell Phone: () _____ Home Phone: () _____

Weight class that you will be lifting in: _____ **Age:** _____ **Date of Birth:** ____/____/____ **Gender:** M / F

USAPL Membership Card #: _____ **Expiration Date:** _____ **Powerlifting Club** _____
(Can be purchased at the contest)

RELEASE FROM LIABILITY AND CONSENT TO DRUG TEST:

Read this carefully (When you sign it you will be giving up important legal rights)

In consideration of the acceptance of my Entry Form in this Powerlifting Competition I intend to be legally bound, for not only myself but also for my heirs, my executors and my administrators. In signing this release from liability I waive and release everyone connected with this competition from any and all liability, including any result of negligence, which may arise from this competition. Moreover, I agree that any testing method, which the meet directors and the sponsors of this meet use to detect the presence of strength inducing drugs, **SHALL BE CONCLUSIVE**. This is, whether I think the results of the test are right or wrong, I agree that I have no right to challenge the results of the drug tests. I further agree to submit to any physical test, which may be necessary to complete the drug testing. Should I fail to pass the drug tests I agree to forfeit any trophy or award, which I might otherwise have won. I understand and agree that if I fail to pass the drug tests, my name will appear on a published list of suspended members. If it is determined that I have failed the drug test, I agree to waive any claim for which legal relief is available. I agree to pay any attorney fee and litigation expenses by any person, real or corporate, which I may sue in an effort to challenge this release from liability form. I understand that my agreement to pay attorney fees and litigation expenses is the **SINE QUA NON** for acceptance of my entry in this contest. If any provision of this Release from Liability shall be deemed by a court of competent jurisdiction to be invalid, the remainder of this Release from Liability shall remain in force and effect. I also certify with my signature that this release/agreement cannot be modified orally.

Signature of lifter		Date	
Signature of Parent Or Legal Guardian <i>If Contestant is <u>under</u> 18</i>		Date	

Check the Divisions you will be lifting in: ☐ Raw ☐ Equipped

- ☐ Open (all ages 14 and up)
☐ Teen / Junior (14-23)
☐ Masters (40+)

- ☐ Special Olympian
☐ Paralympian

Open Division Only, Scoring by Wilks

- ☐ Pro Summer Slam Invitational- Bench Press
☐ Pro Summer Slam Invitational- Deadlift
☐ Pro Summer Slam Invitational- Raw Push Pull

**Best lift from
Nationals**

Qualifying National Meet: _____

ENTRY FEE (S):

- _____ \$60.00 – Boston Open- Bench Press Only Competition
_____ \$60.00 – Boston Open- Deadlift Only Competition
_____ \$60.00 – Boston Open- Push/Pull only Competition [Bench Press and Deadlift]
_____ \$65.00 – Boston Open- [Squat, Bench Press and Deadlift]
_____ \$75.00 – Pro Summer Slam Invitational
_____ \$30.00 – Each additional division entered per competition (see above)
_____ \$50.00 – Late Fee if competition entry form is post-marked after Friday, July 19, 2013
_____ Total Enclosed

APPLICATIONS MUST BE POSTMARKED BY NO LATER THAN FRIDAY, JULY 19, 2013

Important Note: If your application/entry form is late, you must notify the meet director either by e-mail or telephone. There are no refunds for any reason after Friday, July 19, 2013. The late fee will apply to everyone.

CHECK OR MONEY ORDERS PAYABLE AND MAILED TO THE FOLLOWING:

Mike Zawilinski – Contest Director
36 Sherwood Rd, North Weymouth, MA 02191
Telephone: 781.706.4009 * E-mail: mike@mass-lift.com
Must be post-marked no later than Friday, July 19, 2013
Online entry and up to date information: www.mass-lift.com