

New England States Open PL Champs
17-May-03
Warwick, Rhode Island

MD: Greg Kostaas

	Class	Age	Squat	Bench	Deadlift	Total
Women						
JoAnn Clough	114	Open	180	100	275	555
JoAnn Clough	114	M4	180	100	275	555
Pam Morong	123	Open	215	120	265	600
Deborah Sullivan	123	Open	200	110	290	600
Deborah Sullivan	123	M1	200	110	290	600
Grace Parisi	123	M3	210	95	255	560
Sheila Sullivan	148	Open	300	145	280	725
Pam McCann	148	M1	210	150	270	630
Teresa Michaels-Ward	148	M1	145	100	225	470
Florette Ruggiero	181	Open	260	150	325	735
Florette Ruggiero	181	M3	260	150	325	735
Annette Martin	198	SM	250	120	275	645
Men						
Mike Petracca	148	Junior	425	275	420	1120
Mike Petracca	148	Open	425	275	420	1120
Ryan Urso	148	Open	350	300	400	1050
Lev Epshteyn	148	M6	310	200	445	955
George Rodriguez	148	T2	315	200	315	830
Marc Fortier	148	T2	250	150	250	650
Mike Dube	148	Open				
Sean DiCataldo	165	Open	585	360	600	1545
Shawn DiCataldo	165	SM	585	360	600	1545
Gene Marshall	165	Open	550	390	555	1495
Gene Marshall	165	SM	550	390	555	1495
Jerry Hill	165	Open	510	330	500	1340
Edil Deleon	165	Open	470	275	525	1270
Ari Shocket	165	Open	410	340	520	1270
Matt Vail	165	Open	410	360	485	1255
Eric Codeiro	165	Open	475	280	425	1180
Chip McCann	165	M2	350	290	440	1080
Kenneth Buddle	165	M2	440	210	400	1050
Ray Thibault	165	SM	330	340	360	1030
Dean Fragola	165	Junior	345	255	370	970
Don Hilton	165	T1	280	215	350	845
George Najemy	165	M4	200	170	310	680
Emile LaCarte	165	Open	445			
Alex Yvars	181	M1	600	330	620	1550
Joe Ascani	181	Open	550	365	610	1525
Jason Nickerson	181	Open	585	360	520	1465
Anthony Biasseti	181	Open	580	335	535	1450
Mike Twitchell	181	Open	500	350	550	1400
Ray Dunn	181	Open	450	320	450	1220
Dan Poulos	181	Junior	400	265	500	1165
Michael Yontz	181	SO	405	305	450	1160
Kevin Takierski	181	M3	415	255	460	1130
Sam Alba Jr	181	Open	400	300	425	1125
Robert Veat	181	Open	405	275	405	1085
Eric Tomolillo	181	T3	330	180	330	840
Simon Slaven	181	M2	395	245		
John Pyrez	181	Junior	380			
Mike Campbell	198	Open	570	410	570	1550
Mike Campbell	198	Junior	570	410	570	1550
Mike Laliberte	198	Open	610	385	500	1495
Jim Ford	198	Open	525	370	580	1475
Kevin Rossi	198	M1	500	420	480	1400
George Sousa	198	Open	500	345	545	1390
Rick Johnson	198	Open	480	300	580	1360
Rick Johnson	198	SM	480	300	580	1360
Bruce Topol	198	M2	410	350	435	1195
Keith Gilbert	198	Open	410	255	425	1090
Keith Gilbert	198	Junior	410	255	425	1090
Jacob Carpenter	198	Junior	380	325	380	1085
Martin Sheehan	198	M2	305	205	375	885

Lance Reardon	220	Open	630	360	585	1575
John Reber	220	Open	500	410	610	1520
Jeff Hughes	220	Open	570	390	550	1510
John Poremba	220	Junior	525	320	600	1445
Rene Moyen	220	Open	525	355	550	1430
Aaron Czysz	220	Open	480	360	510	1350
Mike Galicki	220	Open	520	275	525	1320
Nicholas Smith	220	Junior	475	270	570	1315
Tim Sexton	220	M1	450	335	500	1285
John Medeiros	220	M4	455	335	445	1235
James Foley	220	Open	455	275	500	1230
Raymond Bigrow	220	M3	455	315	450	1220
Fred Perry	220	Open	415	275	500	1190
Brian Furgola	220	Junior	345	345	460	1150
George Peterson	220	Open	400	300	450	1150
Matthew Kardock	220	SO		155	210	365
Phil Najemy	242	Junior	550	330	600	1480
James Krajewski	242	Open	500	360	500	1360
Robert Troon	242	Open	430	380	450	1260
Ryan Luchka	242	Open	430	340	450	1220
Phil Berrio	242	M2	420	260	480	1160
Shang Chou	242	Junior	475	385		
Seth Reardon	242	SO		210		
Glenn Russo	275	Open	735	490	600	1825
James Toland	275	Open	630	500	650	1780
Joe Peters	275	Open	600	420	600	1620
Joe Peters	275	Junior	600	420	600	1620
Scott Braley	SHW	Open	605	400	600	1605
Scott Braley	SHW	M1	605	400	600	1605
Guy Ziriak	SHW	Open	635	425	500	1560

This event featured 90 lifters from the following states: MA, CT, RI, VT, ME, NH, NY, PA and DE. The lifting was excellent as the results show the quality of lifters who compete in the USAPL. We switched to a 2-day format with all the specialty groups lifting on Saturday and the Men's Open lifting on Sunday. This was very well received by all the lifters who attended and will probably be our format for all future events. Thanks again to Rene Moyen and the members of Next Level Fitness for hosting another successful event. Also thanks to Mike of Northeast Fitness for allowing us to use his awesome facility! Northeast features four (4) warmup platforms for all 3 lifts! Thanks to all the judges, sponsors, loaders, table help and anyone else who helped us host this year's event. We couldn't host meets of this caliber without everyone's help. GCI Sports provided us with outstanding awards once again. Last but not least, thanks to all the lifters who supported this event - these meets are for you and could not exist without you. See everyone in November!

Yours in powerlifting,
Greg Kostas

Results Legend

Open: Can be any age.	Junior: up to 23 (Dec 31)
M1: Master 40-44	T1: Teen 14-15
M2: Master 45-49	T2: Teen 16-17
M3: Master 50-54	T3: Teen 18-19
M4: Master 55-59	Teen: 14-19 (exact age unknown)
M5: Master 60-64	Collegiate: Age unknown
M6: Master 65-69	SM: Submaster 35-39
M7: Master 70+	
Master: 40+ (exact age unknown)	