

2005 USAPL NEW ENGLAND STATES OPEN POWERLIFTING CHAMPIONSHIPS

SATURDAY, MAY 21, 2005

NORTHEAST SPORTS TRAINING – WARWICK, RI

USAPL SANCTION #5-05-8

MEET DIRECTORS: GREG KOSTAS & RENE MOYEN

<u>Class/Name</u>	<u>Age</u>	<u>Bdwt</u>	<u>Squat</u>	<u>Benchpress</u>	<u>Deadlift</u>	<u>Total</u>
<u>Special Olympics</u>						
Matt Kardok		194 ½	245	185	325	755
<u>Teen Women</u>						
Ashley Sylvia	14	194	225	125	255	605
<u>Women's Masters</u>						
Donna Aliminosa	53	94	225	105	255	585
Diane Crosby	48	119 ½	215	110	215	540
<u>Women's Open</u>						
Jennifer Perry	23	129 ½	300	170	275	745
Donna Aliminosa	53	94	225	105	255	585
Taryn Cowan	29	154	325	175	325	825
<u>Teen Lightweight</u>						
Joe Caouette – BL	19	154 ¼	500	320	415	1235
Michael Penza	18	131 ¾	335	250	385	970
Ralph Frasano	19	165	425	265	420	1110
Luis Jaimes	15	148 ¾	265	185	325	775
Michael Srokowski	15	155 ¼	--	195	345	--
<u>Teen Middleweight</u>						
Anthony Solomon	17	175	405	285	430	1120
Matthew Ball	18	185 ½	385	225	485	1095
Eric Tomalillo	16	197	480	240	350	1070
Mike Levine	16	171 ½	320	210	335	865
<u>Teen Heavyweight</u>						
Vincent DeCivitta	18	273 ¼	545	340	560	1445
Michael Parrillo	16	218 ¼	470	260	525	1255
Brett Anderson	15	281	535	280	495	1310
Mark White	16	277 ¾	265	185	400	850
<u>Juniors (20-23)</u>						
Mike Petrarca	23	148	405	330	500	1235
Corey Morentz	20	160	400	--	420	--
Dan Poulos	23	190 ¾	475	Injured	--	--
<u>Submasters (35-39)</u>						
Joe Tavares	35	221 ½	580	350	600	1530
Eric Quintin	39	155 ½	370	285	425	1080
Frank Juszynski	35	194 ½	425	295	525	1245
Dave Fusco	39	198 ¼	400	310	460	1170
Don McDonough	38	254	--	--	--	--
<u>Masters I (40-44)</u>						

Kevin Rossi	44	192 ¼	525	450	545	1520
Peter Vega	41	235 ¼	405	425	405	1235

Masters II (45-49)

Dan MacLeod	46	240	550	320	545	1415
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Grandmasters (50-54)

Dennis Montembault – BL	50	208	635	375	500	1510
Paul Mears	51	163	425	230	460	1115
Kevin Iskierski	53	172 ½	375	240	455	1070
Jeffrey Burke	51	190 ½	335	260	390	985
Jonathan Wild	52	234 ¼	350	175	380	905

Goldenmasters (60-69)

Dwayne Allen	60	194	375	250	450	1075
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Goldenmasters (80-89)

Fred Archambault	82	163	335	215	425	975
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181 lb. Open Division

Steve Beaupre – BL		177	600	400	580	1580
Eric Cordeiro		177	460	290	450	1200

198 lb. Open Division

Kevin Rossi		192 ¼	525	450	545	1520
Edju Gasinowski, III		195	475	285	510	1270
Ryan Cowan		188	425	320	460	1205
Dave Fusco		198 ¼	400	310	460	1170

220 lb. Open Division

Rene Moyen		220 ¼	600	375	550	1525
Garrett McDonough		216	530	345	550	1425
Ben Maton		219 ½	550	--	--	--

242 lb. Open Division

Joe Tavares		221 ½	580	350	600	1530
Kevin McClay		233	365	315	410	1090

Best Lifter – Teenage

Joe Caouette		154 ¼	500	320	415	1235
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Best Lifter – 1st Session

Dennis Montembault		208	635	375	500	1510
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Best Lifter – 2nd Session

Steve Beaupre		177	600	400	580	1580
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Meet Highlights:

Donna Aliminosa	53	94	225	105	255	575
Jennifer Perry	23	129 ½	300	170	275	745
Mike Petrarca	23	148	405	330	500	1235
Joe Tavares	35	221 ½	580	350	600	1530
Kevin Rossi	44	192 ¼	525	450	545	1520
Fred Archambault	82	163	335	215	425	975
Rene Moyen		220 ¼	600	375	550	1525

The following lifters went 9 for 9:

Ashley Sylvia and Jeffrey Burke

Officials:

Greg Kostas - MA

Joe Peters - RI

Rene Moyen - RI

Sean DiCataldo - MA

Joe Wencus - MA

Sam Tyler - ME

Eric Cordeiro - MA

Mike Laliberte - ME

Tom Weeks - NH

This event featured 48 lifters (including multiple entries – those lifters who entered more than one division) who came from the following states: MA, RI, NH, ME and CT. The event featured a multitude of quality USAPL lifters of all ages, both men and women. The event again featured a split session on Saturday with one flight in the morning and the other flight in the afternoon.

Thanks again to Rene Moyen and Next Level Fitness for hosting another successful event. Thanks also to Mike of Northeast Fitness for the continued use of his excellent facility. Thanks as always to all of our judges, spotters, loaders, table help, sponsors and everyone else who assisted with hosting this event. And of course, thanks to you – the lifters, who support our USAPL events!

In closing, I hope that everyone enjoyed the contest and I look forward to seeing everyone in the fall.

God Bless,

Yours in powerlifting,

Greg Kostas

MA State Chairman