

2005 USAPL MASS/RI STATES OPEN POWERLIFTING CHAMPIONSHIPS**November 19, 2005****Northeast Sports Training, Warwick, RI****USAPL Sanction #11-05-7****Meet Directors: Greg Kostas, Rene Moyen and Disa Hatfield**

<u>Name</u>	<u>Age</u>	<u>Bdwt</u>	<u>Squat</u>	<u>Bench</u>	<u>Deadlift</u>	<u>Total</u>
-	-	-	-	-	-	-
<u>Benchpress Only</u>	-	-	-	-	-	-
Mike Levine	-	165 ¼	-	255	-	-
Jeff Hadad	-	147	-	315	-	-
James Bourgault, Sr.	-	262 ½	-	--	-	-
-	-	-	-	-	-	-
<u>Special Olympics</u>	-	-	-	-	-	-
Sean Burns	-	135	235	175	275	685
Matt Kardok	-	195	245	185	335	765
-	-	-	-	-	-	-
<u>Teenage Womens</u>	-	-	-	-	-	-
Ariana Saccocio	-	122 ¼	275*	125	250	650
-	-	-	-	-	-	-
<u>Women's Masters</u>	-	-	-	-	-	-
Theresa Michaels Ward	42	113 ¾	205	100	260	565
Diane Crosby	49	122 ¾	220	125	215	560
Laurie Roderick	47	138	215	130	245	590
-	-	-	-	-	-	-
<u>Women's Open</u>	-	-	-	-	-	-
Jennifer Perry – BL	-	130 ½	320*	200*	325*	845*
Ariana Saccocio	-	122 ¼	275*	125	250	650
Taryn Cowan	-	159	145	200	145	490
-	-	-	-	-	-	-
<u>Men's Teenage</u>	-	-	-	-	-	-
Mike Parillo	-	232	500	300	540	1340
-	-	-	-	-	-	-
<u>Men's Submasters</u>	-	-	-	-	-	-
Bryan Batista	35	260	475	415	525	1415
-	-	-	-	-	-	-
<u>Men's Masters I (40-44)</u>	-	-	-	-	-	-
Kevin Rossi	44	202	525	425	585	1485
Dave Fusco	40	195 ½	480	310	505	1295
Peter Vega	42	209	425	450	425	1300
-	-	-	-	-	-	-
<u>Men's Masters II (45-49)</u>	-	-	-	-	-	-
Lloyd Weinstein	46	148 ¼	525	275	540	1340
David Roderick	45	214	540	335	525	1400
Russ Mettavier	23	164 ½	430	260	430	1120
Bill Fabiano	48	220 ¼	350	320	405	1075
-	-	-	-	-	-	-
<u>Men's Masters III (50-54)</u>	-	-	-	-	-	-
Dennis Montembault	51	211	575	350	530	1455
Paul Mears	52	159	440	245	470	1155
Jeffrey Burke	52	191	340	280	410	1030
Jonathan Wild	53	237	355	170	385	910
-	-	-	-	-	-	-
<u>Men's Masters IV (55-59)</u>	-	-	-	-	-	-
Joe Rizza	56	165	410	180	410	1000
John Medeiros	59	210	135	375	135	645
-	-	-	-	-	-	-
<u>Men's Masters V (60-64)</u>	-	-	-	-	-	-
Curt Farrison	61	234 ½	465	315	500	1280

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<u>Name</u>	<u>Age</u>	<u>Bdwt</u>	<u>Squat</u>	<u>Bench</u>	<u>Deadlift</u>	<u>Total</u>
<u>148 lb. Division</u>						
Lloyd Weinstein		148 ¼	525	275	540	1340
<u>165 lb. Division</u>						
Steve Beaupre – BL		160 ½	600	385	575	1560
Ben Puccio		164 ½	550	385	550	1485
Russ Mettievier		164 ½	430	260	430	1120
<u>181 lb. Division</u>						
Benjamin Brown		176	415	265	555	1235
Eric Cordeiro		181	475	300	425	1200
Steve Ritucci		179	415	350	--	--
<u>198 lb. Division</u>						
Mark Kluth		190	530	275	535	1340
Edward Gasinowski		190	485	285	525	1295
Ryan Cowan		184 ½	420	330	460	1210
<u>220 lb. Division</u>						
Garrett McDonough		214	545	370	575	1490
Kevin Rossi		202	525	425	535	1485
David Dirienzo		217	500	400	500	1400
Fred Perry, Jr.		220	470	325	525	1320
Frank Kluth		210	365	325	435	1125
<u>242 lb. Division</u>						
Ben Maton		240	610*	370	600	1580
Chris Grady		223	520	420	585	1525
Robert Peabody		226	500	450	560	1510
<u>275 lb. Division</u>						
Adam Bert		259	500	500*	700*	1700*

*** - RI State Records:**

Ariana Saccocio: 123.5 Women's Open Squat – 275 lbs.

Jennifer Perry: 132.25 Women's Open Squat – 320 lbs.

Jennifer Perry: 132.25 Women's Open Benchpress – 200 lbs.

Jennifer Perry: 132.25 Women's Open Deadlift – 325 lbs.

Jennifer Perry: 132.25 Women's Open Total – 845 lbs.

Ben Maton: 242 Men's Open Squat – 610 lbs.

Adam Bert: 275 Men's Open Benchpress – 500 lbs.

Adam Bert: 275 Men's Open Deadlift – 700 lbs.

Adam Bert: 275 Men's Open Total – 1700 lbs.

Women's Overall Best Lifter:

Jennifer Perry: 130 ½ - 320 – 200 – 325 - 845

Men's Overall Best Lifter:

Steve Beaupre: 160 ½ - 600 – 385 – 575 - 1560

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	<u>AGE</u>	<u>BDWT</u>	<u>SQUAT</u>	<u>BP</u>	<u>DL</u>	<u>TOTAL</u>
Jennifer Perry – BL		130 ½	320*	200*	325*	845*
Kevin Rossi	44	202	525	425	585	1485
Lloyd Weinstein	46	148 ¼	525	275	540	1340
David Roderick	45	214	540	335	525	1400
Dennis Montembault	51	211	575	350	530	1455
Steve Beaupre – BL		160 ½	600	385	575	1560
Ben Puccio		164 ½	550	385	550	1485
Garrett McDonough		214	545	370	575	1490
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The following lifters went 9 for 9:-
Garrett McDonough**Officials:**

Greg Kostas – MA
 Joe Wencus – MA
 Rene Moyen – RI
 Disa Hatfield - CT
 Sean DiCataldo - MA
 Joe Peters – RI

This event featured 47 lifters (including multiple entries – those lifters who entered more than one division) who came from across New England to compete in this contest. This event featured a multitude of quality USAPL lifters of all ages both men and women, this time with one session and three flights.

Thanks one again to Rene Moyen, Disa Hatfield and Next Level Fitness for hosting another successful event. Thanks again to Mike of Northeast Fitness for the continued use of his excellent facility which features 4 warm-up platforms! Thanks as always to all of our judges, spotters, loaders, table help, sponsors and everyone else who assisted with hosting this event. And of course, thanks to you – the lifters, who continue to support our USAPL events!

In closing, I hope that everyone enjoyed the contest and I look forward to seeing everyone in the Spring.

God Bless,

Yours in Powerlifting,

Greg Kostas
 MA State Chairman