

**2006 USAPL NEW ENGLAND STATES OPEN POWERLIFTING CHAMPIONSHIPS****May 20, 2006****Northeast Sports Training, Warwick, RI****Meet Directors: Greg Kostas, Rene Moyen and Disa Hatfield**

<u>Name</u>	<u>Age</u>	<u>Bdwt</u>	<u>Squat</u>	<u>Bench</u>	<u>Deadlift</u>	<u>Total</u>
<b><u>Teenage #1</u></b>						
Doug Orsi	-					
Doug Orsi	15	111.7	285	180	275	740
Anthony Vavosa	14	138	280	115	300	695
Mario Medina	14	187.9	140	115	265	520
<b><u>Teenage #2 (Lightweight)</u></b>						
John Lewis, Jr.	16	132.1	345x	170	390	905x
Luis Jaimes	16	164.4	365	255	425	1045
Michael Srokowski	16	158.7	350	235	415	1000
Ismael Carrillo	17	148	320	170	330	820
<b><u>Teenage #2 (Middleweight)</u></b>						
John Norcott - <b>BL</b>	17	190.2	535	300	550	1385
David Petronio	17	192.6	500	225	505	1230
Ryan Crowley	17	177.1	415	265	425	1105
Edward Minelli	17	178.7	340	225	505	1070
Joseph Walsh	17	194	385	255	435	1075
Gregory O'Brien	17	184.7	365	230	415	1010
Matthew Carey	17	172.5	260	--	380	--
<b><u>Teenage #2 (Heavyweight)</u></b>						
Brett Anderson	16	270.9	605	320	575	1500
Mike Parrillo	17	218.8	500*	300*	560*	1360*
Brendan Jasper	17	219.3	475	330	475	1280
Eric Tomolillo	17	210	500	255	470	1225
Nicholas Earl	16	234.6	345	315	450	1110
Matt Richmond	16	209.9	365	235	400	1000
Tony Sullivan	16	199	350	175	440	965
Mark White	17	279.4	315	225	420	960
Eric Dinicola	16	246.1	265	180	350	795
<b><u>Teenage #3</u></b>						
Corey Sprague	19	179.4	425	365	400	1190
Marlon Moro	19	173	400	315	440	1155
Reinier Cala	19	214.1	465	330	480	1275
Alfredo Carrillo	18	174.4	410	260	465	1135
Daniel Braccio	18	234.9	500	330	470	1300
Edgar Flores	18	161.3	400	215	410	1025
<b><u>Junior (20-23)</u></b>						
Frank Carrillo	22	237 ½	550	400	550	1500
Corey Morenz	21	164 ½	430	290	500	1220
Doug Emar	22	193 ½	380	335	400	1115
Alexander Healy	21	128.8	270	220	300	790
Joe Caouette	20	171.9	--	--	--	--
<b><u>Women's Teenage</u></b>						
Ariana Saccocio	18	121	300*+	140+	270	710*+
<b><u>Women's Open</u></b>						
Rebecca Crepo		146.10	255	200**	365**	820**
Donna Aliminosa		92.8	190	105	250	545

<u>Name</u>	<u>Age</u>	<u>Bdwt</u>	<u>Squat</u>	<u>Bench</u>	<u>Deadlift</u>	<u>Total</u>
<b><u>Women's Masters</u></b>						
Diane Crosby	49	123.5	210	125*	210	545
<b><u>Women's Grandmasters</u></b>						
Donna Aliminosa	54	92.8	190	105	250	545
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<b><u>Submasters (35-39)</u></b>						
Frank Juszynski	36	200	430	300	550+	1280
Michael Galicki	37	215.5	475	260	480	1215
<b><u>Masters I (40-44)</u></b>						
Joe Ascani	41	192	550	295	620+	1465
Dave Fusco	41	206	500	350	540	1390
Joe Kilduff	40	264.9	500	365	550	1415
<b><u>Masters II (45-49)</u></b>						
Kevin Rossi	45	197 ½	560	430	550	1540
Dennis Schuman	49	178 ½	520	315	480	1315
Russ Metivier	45	164.4	425	305	475	1205
<b><u>Masters III (50-54)</u></b>						
Jeff Speaks	51	215 ¼	500	400	475	1375
Paul Mears	52	160	415	250	450	1115
Kevin Iskierski	54	172.3	380	245	460	1085
Jeff Burke	52	190 ½	365	280	430	1075
Jonathan Wild	53	237	360	180	370	910
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<b><u>Masters IV (55-59)</u></b>						
Joe Rizza	56	164 ¾	415	170	415	1000
Kevin Conroy	56	195	395	300	395	1090
Thomas Kerrigan	56	237.9	330	280	340	950
<b><u>165 lb. Division</u></b>						
Russ Metivier		164.4	425	305	475	1205
<b><u>181 lb. Division</u></b>						
Les Greene - BL		181	550	350	600	1500
Craig Houston		181	540	260	620+	1420
<b><u>198 lb. Division</u></b>						
Kevin Rossi		197.5	580	430	550	1540
Ryan Cowan		198	465	365	525	1355
Edju Gasinowski		185	465	320	530	1315
<b><u>220 lb. Division</u></b>						
Rene Moyen		215.5	600	385	540	1525
Garrett McDonough		215.8	555	390	555	1500
Christian Parisi		218	530	340	515	1385
Kevin Doyle		216	375	270	405	1040
<b><u>242 lb. Division</u></b>						
Fred Perry		223.5	480	350	520	1350
Thomas Kerrigan		231.9	330	280	340	950
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		<b><u>Bdwt</u></b>	<b><u>Squat</u></b>	<b><u>Bench</u></b>	<b><u>Deadlift</u></b>	<b><u>Total</u></b>
<b><u>275 lb. Division</u></b>						
Joe Kilduff		264.9	500	365	550	1415

**SHW Division**

Chris Dilecce	284	500	360	440	1300
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**Overall Best Lifter Session I**

Les Greene	181	550	350	600	1500
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**Overall Best Lifter Session II**

John Norcott	190.2	535	300	550	1385
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**Team Standings: 1<sup>st</sup>:** Xaverian Brothers High School – MA (28 Pts.)  
**2<sup>nd</sup>:** North Bergen PAL – NJ (25 Pts)  
**3<sup>rd</sup>:** Powerfit – MA (16 Pts)  
**4<sup>th</sup>:** G&R – CT (9 Pts)

**Officials:**  
 Greg Kostas – MA National  
 Joe Wencus – MA State  
 Rene Moyen – RI State  
 Joe Peters – RI State  
 Sean DiCataldo - MA State  
 Disa Hatfield – CT State  
 Eric Cordiero – MA State  
 Tom Weeks – NH State

**The following lifters went 9 for 9:** Ryan Crowley – Brendan Jasper – Ryan Cowan

**Meet Highlights:**

	<u>Age</u>	<u>Bdwt</u>	<u>Squat</u>	<u>BP</u>	<u>Deadlift</u>	<u>Total</u>
-						
Doug Orsi	15	111.7	285	180	275	740
John Lewis, Jr.	16	132.1	345	170	390	905
John Norcott	17	190.2	535	300	550	1385
Brett Anderson	16	270.9	605	320	575	1500
Mike Parrillo	17	218.8	500	300	560	1360
Frank Carrillo	22	237 ½	550	400	550	1500
Ariana Saccocio	18	121	300	140	270	710
Rebecca Crepo		146.10	255	200	365	820
Donna Aliminosa	54	92.8	190	105	250	545
Joe Ascani	41	192	550	295	620	1465
Kevin Rossi	45	197 ½	560	430	550	1540
Les Greene		181	550	350	600	1500
Craig Houston		181	540	260	620	1420
Rene Moyen		215.5	600	385	540	1525
Garrett McDonough		215.8	555	390	555	1500

**x MA State Records:** John Lewis, Jr. – 132 lb. Teenage, Squat – 345 , Total – 905

**\*\*ME State Records:** Rebecca Creps – 148 lb. Womens, Bench – 200, Deadlift – 365, Total – 820

**\*RI State Records:** Ariana Saccocio – 123 lb. Womens, Squat – 300, Total – 710  
 Mike Parillo – 220 lb. Teenage, Squat – 500, Bench – 300, Deadlift – 560, Total – 1360  
 Diane Crosby – 123 lb. Women’s Masters, Bench – 125

**+New England States Meet Records:** Craig Houston – 181 lb. Div., Deadlift – 620  
 Joe Ascani – 198 lb. Div., Deadlift – 620  
 Frank Juszynski – 220 lb. Submasters, Deadlift – 550

Ariana Saccocio – 123 lb. Womens, Squat – 300, Bench – 140, Total - 710

**Note:** The balance of the New England States Meet Records will be updated on the website at a later date. Sorry for the inconvenience.

This event featured 70 lifters who came from the following states: MA, RI, CT, NH, ME and NJ. The lifting was excellent once again as the results will attest to the quality of the lifters who compete in the USAPL. This event featured a split session on Saturday with one flight in the morning and the other flight in the afternoon. Even lifters who came by themselves had no problem having a fellow lifter assist them with their gear and with words of encouragement during their attempts. This is what separates the USAPL events from others.

As one can see by the results, we had a large number of teenage contestants. It's great to see that High School and Teenage Powerlifting is making a comeback in the New England area. After Howie Waldron's retirement from running the MA High School PL program, there was a severe downturn in these categories. Howie ran very successful and very popular meets for at least twenty years and is sorely missed! Eric Cordeiro however stepped up to the plate and now has revitalized the High School and Teenage program in the New England area for the past three years. Eric has also done a fantastic job with our website, [www.newenglandusapl.com](http://www.newenglandusapl.com), which features records, coming events, results and many other useful links. Thanks again to Rene Moyen and Next Level Fitness for hosting yet another successful event. Thank you also to Mike of Northeast Fitness for the continued use of his facility. Thanks to all of the judges, spotters, loaders, table help and everyone else who assisted with hosting this event. And of course, thanks to all of the lifters who continue to support our USAPL events – these meets are for you!

Last but definitely not least, thanks to our sponsors – the Mayor of Warwick, RI, Mike Lambert of Powerlifting USA, John Inzer and Cambridge Sound Works for their generous contributions in helping to make our event as successful as it was.

God Bless,

Yours in powerlifting,

Greg Kostas