

## 2007 USAPL NEW ENGLAND STATES OPEN POWERLIFTING CHAMPIONSHIPS

SATURDAY, MAY 19, 2007

CLUBEX FITNESS AND NUTRITION – EAST BRIDGEWATER, MA

MEET DIRECTOR: GREG KOSTAS

<u>Class/Name</u>	<u>Age</u>	<u>Bdwt</u>	<u>Squat</u>	<u>Benchpress</u>	<u>Deadlift</u>	<u>Total</u>
<b><u>Special Olympics</u></b>						
Matt Kardok		175.8	245	175	315	735
<b><u>Teen I (14-15)</u></b>						
Ryan Moore	15	207.2	415	260	480	1155
Nick Denno	15	159.6	300	185	365	850
Jack Fadel	15	155.6	250	175	340	765
<b><u>Teen II (16-17)</u></b>						
Paul Ouelette	17	177.8	420*	270	500*	1190
Steven Grassa	16	179.6	360	300	500	1160
Doug Orsi	16	112.2	255	185	300	740
Emilio Jacintho	16	261.4	460	*355**	450	1265
Brandon Lane	17	165	145	215	420	780
Michael Zeghibe	16	166.4	230	185	300	715
Luis Jaimes	17	165	*420**	55	145	620
<b><u>Teen III (18-19)</u></b>						
Jonathan Norcott (BL)	18	197.6	600*	340*	570*	1510*
Andrew Mangan	19	269	520	365	565	1450
Edward Minelli	18	178.6	405	255	510**	1170
Joseph Walsh	18	181.0	445	270	455	1170
Joe Nappa	19	191.4	440	315	430	1185
Kyle Nedd	19	241	470	275	515	1260
Benn Johnson-Tatelbaum	18	264	400	280	40	1120
Steve Linnane	19	167.6	265	225	355	845
Paul Anthony Iodice	18	171	370	220	260	850
<b><u>Juniors (20-23)</u></b>						
Corey Sprague	20	180.4	485	345	500	1330
Michael Sirignano	22	234.4	575	380	545	1500
Christopher Murray	20	155.6	405	325	450	1180
Alexander Healy	22	129.6	325	265	405	995
Doug Emar	23	185.6	440	350	445	1235
Louis Fiorenzano	23	177.8	405	320	410	1135
Geoffrey Marston	20	235.8	430	300	450	1180
<b><u>Women's Masters</u></b>						
Theresa Michaels-Ward	44	116.2	225	100	260	585
<b><u>Women's Grandmasters</u></b>						
Diane Crosby	50	114.4	185	125	200	510
Deborah Mason	50	161.4	230	140	280	650
<u>Class/Name</u>	<u>Age</u>	<u>Bdwt</u>	<u>Squat</u>	<u>Benchpress</u>	<u>Deadlift</u>	<u>Total</u>
<b><u>Women's Open</u></b>						
Jennifer Cameron (BL)		169.8	315+	175+	345+	835+
<b><u>Men's Submasters (35-39)</u></b>						
Frank Juszynski	37	205.8	425	300	545	1270
<b><u>Masters I (40-44)</u></b>						
Joe Ascani	42	193	555++	300	595	1450

Dave Fusco	41	201.8	480	290	520	1290
Rick Johnson	43	197.4	475	280	520	1275
Jeff Zambello	42	220	405	275	475	1155

**Masters II (45-49)**

Kevin Rossi	46	211.4	600	475	585	1660
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**Masters III (50-54)**

Dennis Schuman	50	179.4	525	320	500	1345
Bill Davignon	52	189.4	500	325	500	1325
Jeffrey Speaks	52	220	500	400	500	1400
Paul Mears	53	147.2	400	210	430	1040
<u>Jeffrey Burke</u>	53	192.8	350	290	410	1050
<u>Michael Rainey</u>	52	260	385	335	525	1245

**Masters IV (55-59)**

Kevin Conroy	57	190.8	385	315	430	1130
Joe Rizza	57	155.2	400	160	400	960
Tom Kerrigan	57	238.8	320	290	200	810

**Masters V (60-64)**

Fred Archambault	84*	161	370++	210	420	1000++
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**148 Lb. Class**

Paul Mears		147.2	400	210	430	1040
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**165 lb. Division**

Steven Ritucci		162.2	390	310	485	1185
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**181 lb. Division**

Les Greene		181	540	365	550	1455
Kevin Beauregard		176.4	400	310	465	1175

**Name****Age****Bdwt****Squat****Benchpress****Deadlift****Total****198 lb. Division**

Anthony Scolaro		198.2	600	385	590	1575
Jonathan Norcott		197.6	600	340	570	1520
Joe Ascani		193	555	300	595	1450
Bill Davignon		189.4	500	325	500	1325
Rick Johnson		197.4	475	280	520	1275
Douglas Emar		185.6	440	350	445	1235
Kevin Conroy		190.8	385	315	430	1130

**220 lb. Open Division**

Kevin Rossi (BL)		211.4	600	475	585	1660
Jeff Speaks		220	500	400	500	1400
Paul Gilmore		199.8	425	370	500	1295
Matthew Brith		205.8	315	245	420	980

**242 lb. Open Division**

Garrett McDonough		225.6	550	420	540	1510
Matt Salokangas		225.8	480	340	555	1375
Tom Kerrigan		238.8	320	290	200	810

**Women's Best Lifter**

Jennifer Cameron		169.8	315	175	345	835
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**Men's Best Lifter – Session I**

Jonathan Norcott	18	197.6	600	340	570	1510
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**Men's Best Lifter – Session II**

Kevin Rossi		211.4	600	475	585	1660
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**Team Standings:**

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Next Level Fitness	1 <sup>st</sup>
Xaverian Brothers High School	2 <sup>nd</sup>
Powerfit	3 <sup>rd</sup>

**The following lifters went 9 for 9:**

Emilio Jacintho	Doug Emar
Paul Mears	Jonathan Norcott
Benn Johnson-Tatelbaum	Joe Walsh
Joe Rizza	Paul Gilmore

**Meet Officials:**

Greg Kostas	Joe Wencus
Rich DeLeon	Bobbie Newguard
Lianne Blynn	Disa Hatfield
Eric Kupperstein	Tom Weeks
Saul Mickelson	

**State Records**

- \* = NE States Meet Records
- \*\* = MA State Records
- \* \*\* = NE & Mass State Records
- + = RI State Records
- ++ = NH State Records

**Note:** Any State or New England States records that have been omitted please forward them to Eric Cordeiro at [ecbeast@yahoo.com](mailto:ecbeast@yahoo.com)

**Meet Highlights**

	<b><u>Age</u></b>	<b><u>Bdwt</u></b>	<b><u>Squat</u></b>	<b><u>Benchpress</u></b>	<b><u>Deadlift</u></b>	<b><u>Total</u></b>
Jonathan Norcott (BL - I)	18	197.6	600*	340*	570*	1510*
Jennifer Cameron (BL - W)	28	169.8	315+	175+	345+	835+
Joe Ascani	42	193	555	300	595	1450
Kevin Rossi (BL - II)	46	211.4	600	475	585	1660
Fred Archambault	<u>84*</u>	161	370++	210	420	1000++
Les Greene		181	540	365	550	1455
Anthony Scolaro		198.2	600	385	590	1575

Our contest drew lifters from MA, RI, CT, ME, NH, NY as well as Canada once again! This time we had two of our 2006 IPF World Champions present at the contest, both from New England. Eric Kupperstein and Lianne Blynn once again assisted with officiating. Fred Archambault at 84 years old set NH State Records on both the squat and total with a personal best total of 1000 lbs!!

On another note, when re-tabulating the results, errors were discovered with the placings and totals in the Men's Junior Division. We have corrected the placings in this class and will get the correct medals to the contestants who were affected by this mishap. I sincerely apologize for these miscalculations.

In closing I would like to thank everyone who assisted in any capacity with the running of another successful USAPL competition. Your help is, as always, most appreciated! A big thanks to Mark Pellegrini, Bob Lang and the members of Clubex Fitness & Nutrition for hosting this event. And last but definitely not least, thanks again to all of the lifters, spectators and sponsors who continue to support our USAPL events. I hope that everyone enjoys their summer and we hope to see you in November.

God Bless,

Yours in powerlifting,

Greg Kostas  
USAPL MA State Chairman