

2004 USAPL East Coast Classic

March 6, 2004

Powerhouse Gym- Plymouth, MA

Meet Directors: Sean DiCataldo & Lance Reardon

NAME	AGE	BWT	SQ	BP	DL	TOTAL
Special Olympics						
John Rosario	19	264	115.5	181.75	126.75	424.25
Women's Masters						
Laurie Roderick	45	132	181.75	104.25	209.25	496
Women's Open						
Donna Aliminosa- BL	52	92.5	220.25	104.5	259	584
Men's Grandmasters 148						
Lev Epshteyn	70	148	330.5	198.25	440.75	970
Men's Grandmasters 165						
Paul Mears	50	162.5	369.25	253.25	451.75	1075
Men's Masters						
David Roderick	43	220	512.5	314	507	1333.5
Michael Roy	49	169	225.75	330.5	225.75	782.5
Men's Collegiate						
Mehul Jadau	26	210	435.25	380.25	473.75	1289.25
Men's Juniors 220						
Jim Murphy	23	214.5	551	330.25	534.5	1416
Jim Maggio	20	214.5	446.25	308.5	490.5	1245.25
Men's Juniors 275						
Joseph Virden	21	269.5	479.5	358	540	1377.5
Men's 123						
Eric Kupperstein	36	123.5	418.75	231.25	551	1201
Men's 148						
Herman Ho	26	148	358	264.5	440.75	1063.25
Men's 198						
Rick Johnson	40	192.5	501.5	297.5	567.5	1366.5
Men's 220						
Krzysztof Ksepka	41	216	562	385.75	672.25	1620
Ron Pearo	38	219	606.25	341.5	595	1542.75
Men's 242 Raw						
Rostislaw Kowgoun	28	229	297.5	308.5	407	1014
Men's 275						
James Toland- BL Raw	34	252	633.75	507	650.25	1791
Richard Camp	42	265	650.25	440.75	529	1620
Phil Najemy	23	248	600.75	303	650.25	1554
Mark Griffen	25	270	496	385.75	644.75	1526.5
SHW						

Brian Laudadio- BL Heavy	33	285	755	600.75	722	2077.75
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Meet Highlights:

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Thanks to everyone who assisted with this event. A big thanks to Kim Newman of Move It Fitness for all her help in hosting this event. I would also like to thank all the lifters for supporting this USAPL event.

Your in powerlifting,

Sean DiCataldo