

February 2008

Dear USAPL Members:

I hope that everyone enjoyed their Holidays. First, I would like to congratulate all of our New England area women who competed at the USAPL Women's Nationals:

<b>Women's M1: 114's</b>	Theresa Michaels Ward – NH 1 <sup>st</sup>
<b>Women's Open: 132's</b>	Jennifer Perry – RI 2 <sup>nd</sup>
<b>Women's T1: 148's</b>	Randi Kaplan - ME 1 <sup>st</sup>
<b>Women's Open: 165's</b>	Disa Hatfield – CT 2 <sup>nd</sup>
<b>Women's M5: 165's</b>	Sonja McKinley – NH 1 <sup>st</sup>
<b>Women's Open: 181's</b>	Liane Blyn – MA 1st

What a tremendous accomplishment to have our local New England athletes represent us at the USAPL Women's Nationals and to have all of them place 1<sup>st</sup> or 2<sup>nd</sup> in their respective divisions.

The events are now held at one80 Sports & Fitness located at 226 Andover Street, Wilmington, MA 01887. Take 93N to Exit 41 (Rt. 125), take a right off of the Exit and go to the second light (Andover St). You will see a sign for one80 on the corner. Take a left onto Andover Street and proceed about 100 yards; the gym is on the left hand side. For more information please go to [www.one80sport.com](http://www.one80sport.com). one80 is a modern, state-of-the-art lifting facility with multiple warm-up stations for all three lifts, locker rooms and showers, full service juice bar (and coffee) with a separate large room for the contest area. The \$10.00 General Admissions fee will allow spectators full use of the facility for the day.

As always, thanks once again to everyone who assists in any capacity with helping us to run these events, and thanks to all of the lifters who compete in our events and support the USAPL! Hope to see everyone in May.

Yours in Powerlifting,

Greg Kostas – USAPL Mass State Chairman